

## Study/Move to New Zealand/Aotearoa

New Zealand is a culturally rich and welcoming island country, lying just east of Australia. Consisting of two landmasses (the [North Island](#) (Te Ika-a-Māui) and the [South Island](#) (Te Waipounamu) across 268,021 square kilometres\*, New Zealand currently homes over 200 ethnicities\*

\*Source: [Kiddle \(2024\)](#)

\*Source: [Ministry of Ethnic Communities \(2024\)](#)

With a growing population of over five million, New Zealand is a significantly developed country, ranking highly for the quality of life it delivers, world-class reputation of education and economic freedom – making it an ideal place to live and work\*.

\*Source: [StudyLink \(2024\)](#)

If you're an APC student or graduate considering moving to New Zealand for Clinical Placement or employment, keep reading.

### Accommodation\*

Before you come to New Zealand it is essential to have your accommodation sorted, even if it is just for a night or two to begin within. Understand your options below:

\*Note: APC has no affiliation with any of the websites in this document. Each individual needs to consider their own circumstances before booking, and are welcome to expand their research to other platforms should they wish.

#### *Temporary Accommodation*

If you're coming to stay in New Zealand for Clinical Placement, or wish to stay somewhere temporarily before finding a more permanent place to stay, APC recommends individuals review websites such as [booking.com](#), [airbnb](#), [stayz](#) or similar websites to find local and affordable accommodation.

#### *Permanent Accommodation*

New Zealand offers a plethora of living accommodation so whether you wish to rent or buy, or consider any of the options available in between, in New Zealand it is possible.

- [realestate.co.nz](#) is great for individuals who are looking to either **rent** or **buy** a home in New Zealand.
- [Roomies](#) and [nzflatmates](#) offer options for **flatmates**, **rooms for rent** and **shared accommodation** with other individuals.

### Cost of Living

As of January 2024, the monthly average cost of living for a single individual in New Zealand is NZD\$1,741.00 without rent\*.

Please note this figure will vary over time and depend on your chosen location to stay too. Feel free to review a breakdown of costs [here](#).

\*Source: [Numbeo \(2024\)](#)

### Transport

A great perk of New Zealand is the multiple options you have to travel across the country (or city to city).

One of the most popular ways to travel in New Zealand is via its bus systems. Offering a hop-on/hop-off service allows for flexibility around your travelling needs nationally. There are also train/ferry options for those wishing to travel more distance during their stay in New Zealand.

Ride-sharing options such as [‘Uber’](#), [‘DiDi’](#), [Blue Bubble Taxis](#) and others are prominent within New Zealand to offer transport via car, but of course, there are plenty of [car hire companies](#) one can choose from if you wish to travel privately.

For those wishing to travel from island-to-island, flights can be purchased on websites such as [webject.com.au](#).

### *Driving in New Zealand with an Overseas Licence*

Please ensure to review your licence’s permissions before hiring, driving or purchasing a car in New Zealand.

For those travelling from Australia as of January 2024, you can generally use your Australian driver’s licence for the first 12 months after arriving in New Zealand. You must then apply for a New Zealand driver’s licence.\*

\*Source: [Go New Zealand \(2024\)](#)

Please be advised that these requirements can change and APC has no liability. Ensure to do your research before hiring, driving or purchasing a car in New Zealand.

## Health and Safety

New Zealand is one of the safest places to travel and live in the world, but that doesn’t mean you shouldn’t be prepared in the case of an emergency\*.

\*Source: [Vision of Humanity \(2024\)](#)

Please ensure to read and save any important links/phone numbers before making your trip to New Zealand:

- [Emergency Contacts](#)
- [Sun, Water and Volcanic Safety](#)
- [Home Safety](#)
- [Personal Safety](#)

## Travel Insurance

Travel insurance has been introduced to protect individuals against health financial losses and more that could occur when travelling. APC strongly recommends overseas students purchase travel insurance when coming to New Zealand for their Clinical Placement. To further understand what it is and an option where to purchase travel insurance, click [here](#).

## Other Useful Phone Numbers/Links

To best support you during your trip to New Zealand, continue reading.

### What to do in the Case of an Emergency

Should you need assistance in the case of an emergency, call triple one (111) as soon as possible and advise if you need assistance with police, fire or ambulance.

### Department of Internal Affairs (DIA)

To contact the DIA throughout New Zealand, call 0800 25 78 87. Should you be calling outside of New Zealand, get in touch via +64 4 495 7200.

## Transport Services

- Busses
  - o [InterCity](#)
  - o [SKIP](#)
- Train
  - o [KiwiRail Scenic](#)
- Ferry
  - o [Interislander Ferries](#)
  - o [Bluebridge Cook Strait Ferry](#)

## Crisis Support

Should you need crisis support, whether for suicidal thoughts, anxiety, depression, etc. please refer to the below numbers for support:

- Lifeline
  - o 0800 543 354
- Depression Helpline
  - o 0800 111 757
- Healthline
  - o 0800 611 116
- Samaritans
  - o 0800 726 666

## Overseas Debit and Credit Card Fees

Please be advised that most of the time you can use your overseas debit/credit card at New Zealand businesses, but the cost of convenience can be high. For those coming from Australia, your preferred bank charges can vary, but foreign transaction fees and exchange rates often result in individuals being charged significantly more than ticket prices. Understand what your bank's fees are surrounding overseas travel before coming to New Zealand\*.

\*Source: [MoneyHub \(2024\)](#)